### PUPPY SOCIALIZATION CHECKLIST – 101 NEW EXPERIENCES IN 101 DAYS

Try to complete this entire list by the time the puppy is 5 months old. Go slowly and encourage confidence. Do not overwhelm your puppy. Seek out professional advice on how to proceed if your puppy shows fear or anxiety around any items or experiences. It is also a great idea for dogs of *any age* to do this work.

## **EXPERIENCES AT HOME**

Your hand in their food

Taking treats/pills

Eating alone (no one in the same room)

Toys of different textures

Remove their toys

Meal time etiquette (no jumping)

Going up and down stairs

Loud noises (balloon popping, stomping, etc.)

Door bell and door knocking

Sound of a hairdryer

Television

Ceiling fan

Microwave/stove beeping

Washer/dryer running/beeping

Smoke alarm

Sleeping in crate

Staying in crate alone

Sleeping on doggy bed

Getting a bath (in tub, shower, or outside)

Hear the bath water running (and not freaking out)

Drying off after bath (standing still)

Present while sweeping/mopping the floor

Present while vacuum cleaner is in use

Seeing reflections/mirrors

### **EXPERIENCES OUTSIDE**

Walking with a leash

Playing off leash in securely fenced area

Walking on sidewalk on quiet street

Walking on sidewalk on busy street

Sound of the car starting

Car rides

Getting into the car

Getting out of the car

Windows open in the car

Sound of car horn

Sound of car radio/music

Swimming

Playing fetch, throwing toys

Present when lawn is mowed (leashed and

supervised)

Riding in an elevator

Crowds/clapping/cheering

Thunderstorms (sound of thunder)

Fireworks

Fire (campfire or fireplace)

Construction/machinery sound

Walking on public trails or hiking trails

Walking over bridges/under bridges

Walking on snow/ice/slippery surfaces

Rain/Puddles/Mud

Walking on rocky/uneven ground

Walking over grates/manhole covers

Standing on balconies/docks

Walking at night

Walking on a beach

Walking by a busy playground

Walking by a skate park

#### **INTERACTIONS**

Introduction to other dogs in household

Introduction to cats in household

Around opening the door to greet guests

Visiting at a friend or family member's house

Getting used to being separated from people

Being picked up by owner (if small dog)

Being picked up by friend/family (if small dog)

Babies, toddlers, small children

Teenagers, adults, elderly people

People carrying packages/delivery people

People using wheelchairs/crutches

People pushing strollers

People riding bikes/bicycles

People rollerblading/skateboarding/snowshoeing

People wearing sunglasses

People wearing hats

People in costumes

Mailman

Trash collector

Visit to a groomer

Trimming nails (with clippers or a Dremel tool)

Checking/cleaning between pads

Brushing fur

Brushing teeth with toothbrush

Touching/cleaning ears

Touching legs and feet

Holding their head/feet still

Cleaning dirty paws with towel

Owner's hand in dog's mouth to feel/check

gums/teeth

Vet visit

Being physically examined/touched by stranger

(vet, groomer)

Pet store visit

Meeting strangers on walks (without dogs)

Puppy playdate

Parallel walks with small breeds

Parallel walks with large breeds

Squirrels/chipmunks in yard/park

Horses

Waterfowl

# **GEAR - CLOTHING**

Wearing a collar

Wearing a harness

Wearing a muzzle/halter

Wearing a dog coat

Wearing dog booties